The Downsizing Dilemma

Take Stock of Current and Past Homes



When you reach retirement, downsizing can be a challenging yet liberating process to shed the layers of our past and start anew in this new phase. As you work to find the right size for your home and the right amount of belongings, you allow ourselves to focus on building memories and release some of the burden of stuff and things. Use this worksheet to begin the process of identifying what you loved or disliked about different homes you've lived in over the years. We recommend that this activity be completed by all those who still consider **your** home to be **their** home, in some shape or form. This will help in creating clarity for your priorities as you downsize.

What I/We loved	e.g. close to schools	e.g. liked our neighbors	Home Characteristics e.g. outdoor fireplace	Care and Upkeep e.g. our flower garden	Memories e.g. raised three kids
What I/We Disliked	e.g. far from beach	e.g. no local church	e.g. no workshop	e.g. winter shoveling	e.g. house fire

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Setting Your Priorities



After you reflect on the good and bad of past homes you've lived in, collect everyone's thoughts and begin creating a master document of your highest priorities. Consider the characteristics that your new home *must have*, and then things it *must not have*, and then build your *wishlist*. For the final column, list some new memories you hope to create in your next home.

	Location/Geography e.g. close to water	Community e.g. local social clubs	Home Characteristics e.g. outdoor social space	Care and Upkeep e.g. no flood risk	New Memories e.g. family reunions
Have					0 0 0 0 0 0 0
Must Ha					0 0 0 0 0 0 0
Σ					0 0 0 0 0 0
	e.g. close to children	e.g. college town	e.g. home gym	e.g. lock and go	0 0 0 0 0 0
					0 0 0 0 0 0 0
Wish List					0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
≶					0 0 0 0 0 0
					0 0 0 0 0 0 0 0

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Your Downsizing Action Plan, Part 1



Use this Action Plan tool to organize all of the steps you have to take to accomplish your dreams of rightsizing your home in Retirement. This tool outlines some steps that we believe to be important for all retirees who are downsizing. Add tasks where appropriate to customize this plan to match your needs.

Start the Process:	
To Do:	Deadline
☐ 1. Have all stakeholders reflect on past homes (see worksheet 1)	
☐ 2. Share reflections between all stakeholders	
☐ 3. Set priorities for the next home (see worksheet 2)	
☐ 4. Create a Vision Board of what you seek in your next home (optional)	
□ 5.	
□ 6.	
<u> </u>	
□ 8.	
Rightsize your Belongings:	
Rightsizing your belongings can be a long and arduous process. We recommend you take this a time, categorizing things into Keep, Give to family, Donate, and Trash to align your belonging vision. Remember, you can't take everything with you.	
To Do:	Deadline
☐ 1. Establish a routine for when you will work on this, and schedule it in your calendar	
☐ 2. Identify a donation center that will do at-home pickups	
☐ 3. Communicate to children that they have a deadline to vet their belongings(if applicable)	
☐ 4. Make a list of all rooms, closets, and storage spaces in your house that need to be tackled	
☐ 5. Create a timeline for rightsizing your belongings	
□ 6.	
_ 7.	
□ 8.	
□ 9.	
<u></u> 10.	

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Your Downsizing Action Plan, Part 2



Sell Your Home:	
It's important to block off time to reflect on what you want in your next home. This proce greater clarity and will help to motivate you to tackle this project.	ess will give you
To Do:	Deadline
□ 1. Financial Analysis - engage lawyer, accountant, financial planner	
☐ 2. Contact realtors to interview and select best fit	
☐ 3. Contact stager and build a plan	
☐ 4. Get comps to decide on pricing	
☐ 5. Set timeline	
□ 6.	
□ 7.	
□ 8.	
□ 9.	
□ 10.	
□ 11.	
Find a New Home:	
Use all the work you did in setting priorities for your next home to help drive the process new home. Make the exploration of a new home as exciting, enjoyable and collaborative a	
To Do:	Deadline
☐ 1. Identify geographies that match your priorities	
☐ 2. Identify communities within those geographies that match your priorities	
☐ 3. Contact realtors to interview and select best fit	
☐ 4. Research home options on Trulia, Zillow, Estately, etc	
☐ 5. Road trip or short term stay at desired location	
☐ 6. Interview local realtors, and other locals, to get a feel for the community	
□ 7.	
□ 8.	
□ 9.	
□ 10.	
□ 11	